

How to Describe Athletics on a Resume

On your resume, describe your athletic experience in the same way you would describe your campus involvement or work experience. What was your role on the team? How would coaches and other team members describe you? Focus on your accomplishments. Select the skills that are transferable to your career interests and demonstrate the qualifications required for the position, organization, or industry to which you are applying.

You can list your athletic experience under Activities, Campus Involvement, Athletics, Relevant Experience, or Leadership Experience on your resume. Include a few short bullets highlighting your achievements, and describing what you did, how you did it, and any results. Below are a few examples:

COLLEGIATE ATHLETIC EXPERIENCE

Thomas More University: Crestview Hills, KY